Summer 2023 May 27-September 3

Louisville, Kentucky Volume 33, Number 1

The Lakeside I H

Summer Hours

May 27-September 3, 2023

10:00 am-9:00 pm Monday-Saturday Sunday 11:00 am-9:00 pm The pool and exercise room, are cleared 15 minutes prior to closing.

Beginning August 14, the "Lake" and surrounding deck areas will close at 8:00 pm due to increasing darkness. The instructional and kiddy pools, as well as the exercise room will remain open until 8:45 pm.

Early Morning Hours

The Exercise Room and Lap pool will be open at 6:00 am. Monday-Friday for members 16 and over. No recreational swimming will be open at this time. The Lake, terraces, offices, concessions, and deck will open at the regular club hour of 10:00 am; barriers will be in place to indicate closed areas of the club.

Early Closings

The club will close early on the following days and times: 8:15 pm Dive In Movie Friday, June 23 Thursday, August 24 5:30 pm Certificate Member Dinner

Special Events

Brigid Kaelin Concert **OVC Swim Meet** Gator Swim Meet Dive In Movie Carly Johnson Concert Gator Swim Meet Fourth of July Games Seahawk Swim Meet Southern Sirens Concert Family Bingo Bill Clark Concert Masters Swim Meet Celtucky Concert

Sunday, June 4 Thurs-Sat, June 8, 9, 10 Monday, June 12 Friday, June 23 Sunday, June 25 Thursday, June 29 Tuesday, July 4 Thur-Sat, July 6, 7, 8 Sunday, July 9 Thursday, July 28 Sunday, July 30 Sat & Sun, July 29-30 Sunday, August 13

Dear Lakeside Club Member:

We are only weeks away from the beginning of another summer at the lake. The winter structure is down, and water is going into the lake, and it's only a matter of time until we can all be floating on our rafts or throwing our kids around in the bullpen. For now, I want to call out a few highlights to what's going on at the club this year.

Several of the club's committees have recently worked to update the club's mission statement, which now reads: "To foster an inclusive community that promotes athletic excellence and recreation and preserves Lakeside Swim Club."

On the athletic excellence front, the Lakeside Seahawks won the KY State Championship for the 52nd consecutive year. Individually, club member Charlotte Crush set a National age group record in the 200 backstroke, a record previously held by Olympic gold medalist Missy Franklin. The Quarry Gator Swim Team won the 2022 LSA D3 Championships for the first time since joining the league in 2019. The Masters Swim Team continues to have multiple swimmers earn recognition in the Top Ten in the Nation!

On the recreational side of things, we all love being able to bring our guests to the club. This year members will be able to purchase guest tickets online, in advance, to make checking in with your guests a much smoother process. Tickets will be available to purchase on or after May 22nd. See the website for more details on how to purchase these tickets online.

There are not a lot of changes otherwise. Should be another great summer and I look forward to seeing you all in the lake!

Corey Robertson, President Lakeside Board of Directors

Lakeside 100 th Anniversary: Call for Pictures and Videos

In preparation for Lakeside's 100th Anniversary next summer, we are collecting pictures and videos of Lakeside over the past 100 years. We would especially love to see historical photos showing how Lakeside looked in older times, as well as images of our members, past and present, enjoying Lakeside and all it has to offer.

Do you have pictures you would like to share with us? Watch for an upcoming email with a link to send us your memories, photos and videos. We would also love to hear about your favorite memories of Lakeside, as well as any historically significant events you remember happening here. Thank you in advance for sharing with us!

Lakeside Swim Club

2010 Trevilian Way Louisville, Kentucky 40205 502.454.4585 www.lakesideswim.com www.facebook.com/LakesideSwimClub

Lakeside Management Staff

Mary Graves General Manager Tammy Glas Office Operations George Villarreal Aquatic Operations Anna Gdovka Clerical Operations Nick Schmidt **Concessions Operations** Program Operations Lizzy Buecker Colin Curtis Fitness Operations Evan Wilburn IT Operations Garrett McTavish Maintenance Operations Walter Sheets Maintenance Operations Sean Sullivan Maintenance Operations William Kolb **Facility Supervisor**

Lakeside Board of Directors

Corey Robertson President Lori Rafferty Vice President David Caldwell Secretary Dave Haves Treasurer Kevin Monsour Director Robert Moss Director Molly Stanley Director Larry Frederiksen **Director Emeritus**



Summer Program Highlights
Please visit our website for all classes, programs,
and events.

Pre-Registered Classes

Summer registration for classes opened April 18. Members may continue to register through the website for summer aquatic and fitness pre-registered programs. Programs include, Swimming Lessons, Diving Lessons, Lifeguard Classes, Jr. Lifeguard Camp, and Women's Weights and More.

Free (Drop In) Fitness Classes: May 30-June 3

Join our instructors for our water and land fitness classes.

Class times and descriptions are listed on the Website.

Classes fill on a first come first serve basis.

Free Class Schedule

Tuesday, May 30	Aqua Aerobics, Tai Chi, Yoga, and
	Deep Water Aerobics
Wednesday, May 31	Body Sculpting, Aqua Aerobics, and
	Body Blast
Thursday, June 1	Aqua Aerobics, Tai Chi, Yoga, and
	Deep Water Aerobics
Friday, June 2	Body Sculpting, Nia, and Yoga
Saturday, June 3	Body Blast and Yoga

Competitive Swim Teams

Lakeside offers three summer swim teams. The Lakeside Seahawks Swim Team, Quarry Gator Swim Team, and Masters Swim Team. Visit our website for program information.

Humana 365

Lakeside is connected with the Humana 365 health and wellness program. Members wishing to enroll should go to Humana's website. The beacon for Humana check in is located in the hallway near the concession stand.

Picnic Table Reservations

Tables may be reserved by calling the club beginning May 22. Members are invited to reserve one of the 11 picnic tables located around the "lake" or the deck picnic area located off the balcony of the Eckard Building. Reservations are limited to 2 hour time blocks and limited to 3 per household. All other tables are for occasional use only. Please review the picnic table policies on page 11 in the Club Rule Book.

Swim Shop & Guest Ticket Sales Office

The shop opens on Saturday, May 27 for Associate guest tickets sales, picnic table reservations, and swim shop product sales. In addition, goggles, caps, sunscreen, swim diapers, inflatables, Lakeside apparel and more are for sale. The shop is located on the ground floor of the business office, just off the club driveway.

Summer ATM Machine

For your convenience, an ATM machine is located on the first floor of the Thompson Building by the concession stand.

Summer Concession Stand

The stand is open daily 10 am-9 pm and Sunday 11 am-9 pm. Drinks, sandwiches, ice cream, snacks and more will be sold. Online sales will be available on or after opening day. Go to our website, click on the Concession tab and follow the prompts to place and pay for your order and it will be ready for pick up at the Concession stand. The grill will close nightly at 8:30 pm.

Guest Ticket Information

NEW Associate Guest Ticket Sales available online in your Membership Portal effective May 22, 2023. Tickets are \$10.00 each and you may purchase 25 tickets per membership. Tickets will not carry over from one membership year to another. Members are encouraged to purchase guest tickets online. Follow these procedures:

Log into your Membership Portal

- 1. Go to My Guests tab.
- 2. Click on Guest ticket purchase.
- 3. Enter quantity of tickets to purchase
- 4. Click the blue "Place Order" button.
- 5. Enter payment information.
- 6. Click submit payment details.

Guest tickets will continue to be sold in the swim shop this summer. Once the tickets have been purchased, either online or in the swim shop, you and your guest will arrive at the front gate, you will check in as a member and tell the attendant you have a guest, they will open your tickets in your account and input the guest's name.

Usage Policy

- Summer weekday: Monday-Thursday—One Ticket per guest per day; daily limit of 8 guests per day.
- Summer Holidays (Memorial Day, Fourth of July, and Labor Day; and Summer Weekends (Friday, Saturday and Sunday): Two tickets per guest per day; daily limit of 4 guests per membership per day.
- Members must accompany their guests while at Lakeside.
- Members may sign their guest out and obtain a wristband for the same day one time re-entry.

Membership Photos and Cards

New members and returning members, whose physical appearance has changed significantly, may have their photos taken at the front gate on or after opening day of the summer season. Cards from past years are still valid.

Please have your membership card ready when arriving at the front gate for member check-in. If you are checking in more than one member on the same membership, ask to "show family." This will expedite the check-in process.

Locker Rentals

Lockers rented for the 2022-23 season must have padlocks removed by **May 19, 2023** or the locks will be cut off and items in the locker will be donated to charity.

Lockers rented for **2023-24** will be available in the First Aid Office on or after opening day. Lockers must be claimed by **June 11** or your locker will be issued to a member on the waiting list.

If available, lockers may be rented for \$30.00 on or after opening day. Please review locker regulations in the Club Rule Book.

Bicycles, Motorbikes, Skateboards, and Dockless Scooters

Bicycle, skateboard and motorbike parking, as well as dockless scooters, is available off the club driveway. Please refrain from riding or parking on sidewalks. (Chapter 74 of the Louisville Metro Code of Ordinances) For safety sake, please enter or exit the driveway slowly and with caution and give the right away to pedestrian traffic.

Member Lap Swimming Schedules

Our club is fortunate to have lap swimming available during all regular club hours. Below is a list of the three areas for Lap Swim and the schedule for each area. All 50 meter lanes are closed during swimming meets. Lap lanes will be available in the pool as well as 2 of the 25 yard lanes in the Lake. All lanes in the pool will be closed for Quarry Gators swim meets at 4:00 pm on June 12 and 29.

50 Meter Lap Lanes

All 10 lanes are open *except* during swim team practice times. Schedule for open swim times are posted as follows.

May 31-July 29

,,	
 Monday, Wednesday, Friday 	
10:00-11:30 am	2 lanes
11:30 am-2:30 pm	3 lanes
2:30-3:30 pm	4 lanes
3:30-6:30 pm	3 lanes
6:30-8:45 pm	10 lanes
 Tuesday, Thursday 	
10:00 am-12:00 pm	2 lanes
12:00 pm-1:00 pm	1 lane
1:00-3:30 pm	2 lanes
3:30-8:00 pm	3 lanes
8:00-8:45 pm	10 lanes
 Saturday 	
10:00-11:30 am	2 lanes
11:30 am-8:45 pm	10 lanes
 Sunday 	
11:00 am-8:45 pm	10 lanes

July 31-September 4

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Swim team qualifiers for post season meets will practice through early August. Reserved lanes will be determined after the number of swimmers meeting qualifying standards is determined.

 Monday, Wednesday, Friday 		
10:00 am-close	6-10 lanes	
 Tuesday, Thursday 		
10:00 am-6:30 pm	6-10 lanes	
6:00-7:30 pm	3 lanes	
7:30 pm-close	10 lanes	
 Saturday & Sunday 		
open to close	8-10 lanes	
25 Yard Lanes		
Pool		
 Monday-Friday 		
6:00-10:00 am	7 lanes	
Lake		
 Monday-Friday 		
10:00 am-2:30 pm	4 lanes	
2:30-3:30 pm	2 lanes	
3:30-close	4 lanes	
 Saturday, Sunday 		
open to close	4 lanes	

20 Yard Lap Lanes

 Unless the pool is being used for programs, the 20 yard lap lanes in the instructional pool are available for use during club hours.