



WATERLOG



Winter/Spring 2012

Louisville, Kentucky
Volume 21, Number 2



Winter Pool Open

January 2-April 15, 2012

Facility Hours

Monday, Wednesday, Friday	6:00 am-9:00 pm
Tuesday and Thursday	9:00 am-9:00 pm
Saturday	9:00 am-6:00 pm
Sunday	12:00 noon-6:00 pm

Holiday Closing

Easter, Sunday April 8, 2012

Weather Related Closings

When Jefferson County Public Schools are closed for snow or ice, Lakeside will not open before 9:00 am and may modify the scheduled hours. If warranted, Lakeside may not open or will close early due to severe weather.

Programs and classes will not be held when

Jefferson County Public Schools are cancelled due to weather conditions. Weekend classes will be decided on the day of the program. Participants should call Lakeside for program information.

Spring Changeover Hours

April 16-May 18, 2012

Monday, Wednesday, Friday	6:00 am-9:00 pm
Tuesday, Thursday	9:00 am-9:00 pm
Saturday and Sunday	Closed

The exercise room facilities, saunas and land fitness classes will remain open during the changeover of our facilities from the winter season to summer season. The pool will be closed. Members will follow standard entrance procedures with membership cards. Children 12 and under are not allowed in the facility during changeover for safety reasons. Children 13-15 must be accompanied by a parent.



Lakeside Swim Club

2010 Trevilian Way
Louisville, Kentucky 40205
502.454.4585
502.454.7566, fax
www.lakesideswim.com

Daily Pool Schedules

Monday, Wednesday

25m Lap Swim/Open Swim	6:00 am-8:45 pm
Masters Swim Team Practice	6:00-7:15 am
Aqua Aerobics	10:30-11:30 am
Quarry Gators Swim Practice	4:30-6:00 pm
Scuba Class (Mon only)	6:00-8:45 pm
Aqua Aerobics	6:05-7:05 pm

Tuesday, Thursday

25m Lap Swim/Open Swim	9:00 am-8:45 pm
Synchronized Swim (Thur only)	5:00-6:00 pm
Masters Swim Practice	6:20-7:45 pm

Friday

25m Lap Swim/Open Swim	6:00 am-8:45 pm
Masters Swim Team Practice	6:00-7:15 am
Aqua Aerobics	10:30-11:30 am
Quarry Gators Swim Practice	4:30-6:00 pm

Saturday

25m Lap Swim/Open Swim	9:00 am-5:45 pm
Aqua Aerobics	9:15-10:15 am
Swim Lessons	10:00-11:45 am
Lifeguard Class	10:30 pm-4:30 pm

Sunday

25m Lap Swim/Open Swim	12:00-6:00 pm
Diving Lessons	4:30-5:30 pm

2012 Summer Dates To Remember

Opening Day

Saturday, May 26, 2012

Closing Day

Monday, September 3, 2012

Lap Swim Schedule

Lakeside is fortunate to offer open 25 meter lap swimming during all club hours. Please be prepared to share a lane and circle swim to your right when more than 2 swimmers are sharing a lane.

Monday, Wednesday and Friday

6:00-7:15 am	2 lanes
7:15-10:30 am	5 lanes
10:30-11:30 am	3 lanes
11:30-4:30 pm	5 lanes
4:30-6:00 pm	2 lanes
6:00-7:00 pm	3 lanes
7:00-8:45 pm	5 lanes

Tuesday and Thursday

9:00 am-6:30 pm	5 lanes
6:30-7:45 pm	2 lanes
7:45-8:45 pm	5 lanes

Saturday

9:00-10:15 am	3 lanes
10:15 am-5:45 pm	5 lanes

Sunday

12 noon-5:45 pm	5 lanes
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Quarry Gator Swim Meets

Friday	February 10	5:00-7:00 pm
Friday	March 23	5:00-7:00 pm

Lakeside Management Staff

Brian Cunningham	General Manager
Mary Graves	Assistant General Manager
Tammy Glas	Administrative Assistant
Loren Wingfeld	Aquatics & Program Supervisor
Elizabeth Buecker	Aquatics & Program Assistant
Christopher Neichter	Aquatics & Program Assistant
Garrett McTavish	Maintenance Supervisor
Nick Schmidt	Maintenance Assistant Supervisor
Brad Cunningham	Maintenance

Lakeside Board of Directors

Kelley Cox	President
Sue Blakeley	Vice President
Chris Martinez	Secretary
Jane Thornton	Treasurer
Larry Frederiksen	Board Member
James Schmidt	Board Member
Lynn Webster	Board Member





2012 Membership Renewal

May 26, 2012–May 17, 2013 Membership Year
The January mailing holds your 2012-2013 membership invoice. Please review all the information, complete the **entire** form, and return it with the proper payment. Each member listed on the membership must have a relationship to the primary member. Please complete any blanks found on your invoice before submitting with payment. **It is imperative we have current telephone numbers for the membership.** Please review this section and list the family home, cell and work telephone numbers.

Detailed membership information may be found in the club rule book on page 2.

Deadline Date

Membership dues are payable on or before March 1, 2012.

Late Fee

A \$50.00 late fee must be included from March 2-May 1, 2012.

Cancellation of Membership

If payment is not received by May 2, 2012, your membership will be cancelled.

2012-2013 Dues Structure

Please review the information on your invoice and if you have additions or deletions to your membership, use the chart below to calculate the dues appropriate for the number of family members listed on your 2012 membership. *Dues are based on the number of members listed on the membership. Please note, when adding a family member to your membership, their club usage begins the opening day of the 2012-2013 season – May 26, 2012.*

1 member	\$315.00
2 members	\$475.00
3 members	\$635.00
4 members	\$795.00
5 members	\$955.00
6 members	\$1,115.00
7 members or more	\$1,275.00

Inactive Fee

A \$75.00 inactive fee, is available to hold your membership. No facility usage.

Reactivation Fee

A \$25 re-activation fee is charged, if membership is re-activated after May 2, 2012.

Initiation Fee

Newly sponsored memberships for 2012 are accessed a \$700.00 initiation fee, payable at the new member orientation.

Payment Policy and Electronic Banking

Lakeside operates on a cash and check system ONLY. Payment may be mailed to the address on your invoice or may be hand delivered to the front desk of the Jack Thompson Building. If you choose to use electronic banking, you **MUST** make any changes to the membership information found on the invoice, sign it and send it to the business office. Please attach a note stating an electronic check will be coming from your bank.

Children Born Since May 2011

Dues payment for all members listed on the membership includes 1 year olds as of May 26, 2012. If a child is not 1 year old by May 26, please list membership information, but **DO NOT** include payment for this child.

Changes to Membership

Once a membership has been received, any changes to the membership may be made in the business office Monday-Friday from 9:00 am-4:00 pm ONLY or by appointment. If you are adding a family member to your membership, documentation may be required. Contact the Business Office at 454.4585 ext 221 for further information.

Email Address

Please list the family email address on your 2012-13 membership in order for Lakeside to build an electronic database of our club memberships.

Second Generation Membership

A second generation membership is for an adult child, 18 years of age or older, who is wishing to obtain their own Lakeside membership. The child must be an active member on their parent's membership during the current membership year.

To apply for second generation, write a letter of request to the Lakeside Membership Committee, 2010 Trevilian Way, Louisville, KY 40205.

Locker Rental

Winters lockers are available on both the first and second floors of the Jack Thompson building. Rental cost is \$10.00 for the winter season. Members must provide their own padlock. Locker rentals expire May 18, 2012 and must be cleared of contents by that date.

Year around locker rentals for the 2012 membership year are available on the 2012-2013 invoice for \$20.00 for the year.

Telephone Paging Registry

A telephone paging registry can be purchased for \$5.00 per membership. This paging service is available during the summer season only. If you have a page number preference, please indicate it on your invoice. Numbers must be 4 digits. *Lakeside's policy is to page by number not by name.*

Aquatics & Fitness for 2012

Lakeside offers a variety of fitness and instructional classes in the winter season.

Exercise Room Demonstrations

Join personal trainer and instructor, Susan Wisman, for a free introduction to the exercise room equipment. This demonstration will assist in helping you to become familiar with the equipment offered at Lakeside and would be a great way to establish personal fitness goals for the fall and winter/spring season.

Days: First Saturday of each month
Dates: January 7, February 4, March 3
Time: 9:30-10:30 am

Fitness Classes

Personal Training	individual and paired
Weight Loss Challenge	individual
Body Fitness Challenge	group class
Aerobics Classes	group class
Aqua Aerobics	group class
Yoga/Pilates Blend	group class
Tai Chi	group class
Lap and Water Walking Clubs	individual

Aquatic Classes

Swimming and Diving Lessons
Lifeguard Training Class
Synchronized Swimming Class
Scuba Diving Class

Competitive Teams

Masters Swim Team	Adults
Quarry Gator Swim Team	Youth

General Activity

Jack Thompson Exercise Room- weights, stretching, cardio equipment, and saunas
Swimming Pool- lap and recreational swimming

Please review your Fall/Winter Activities and Program Booklet received in your Fall mailing for all aquatic and fitness classes; competitive teams, and special event information. This information is also available on our website at www.lakesideswim.com.



Thank you to our members who supported the 2011 Toys For Tots Drive.